

REMINDERS FOR ROWING COACHES

SKILLS

STEERS ACCREDITED

Coaches *must* know the **ROWING CODE**



THE TIDEWAY CODE
A Code of Practice for rowing and paddling on the Tidal Thames

and *must* have passed the club's steering accreditation

p41 of the Code

KILL CORD

Never detach this **LIFESAVER** while the engine is running



p23 of the Code

ID CODE

PLA000

Coaching launches *must* show a clear and valid **SIX FIGURE Club ID code**

p26 of the Code

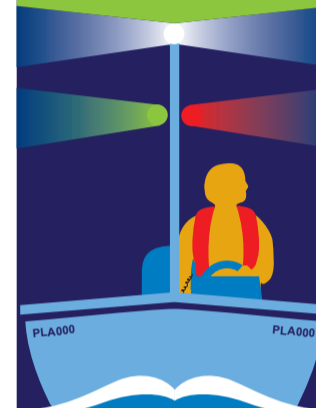
LIFE JACKET

This **LIFESAVER** *must* always be worn when afloat



p20 of the Code

LIGHTS



It's against the law not to show the **CORRECT LIGHTS** in darkness or poor visibility

p28 of the Code

SIZE

Both group & wash size should be **CONSIDERATE** towards other river users



p35 of the Code

OTHER REMINDERS – p41 of the Code

Keep a good lookout at all times.

Position your launch appropriately according to the Rowing Code. Concentrating on your crew is never an excuse for poor navigation. Never attempt to steer a launch and video a crew at the same time.

Do not use a megaphone before 7am.

At all other times the volume should be at the minimum effective volume – not full blast!

EMERGENCIES – p51 of the Code

You should always carry a mobile phone (in a water-proof case) for emergency use.

For life-threatening emergencies immediately call **999** or **112** and ask for the Coastguard

INCIDENTS – p51 of the Code

For (non-emergency) incidents or to report a problem call **London VTS** on **020 8855 0315** or **VHF channel 14** or use the PLA App.