

REMINDERS FOR ROWING COACHES

SKILLS

STEERS ACCREDITED

Coaches *must*
know the
CODE

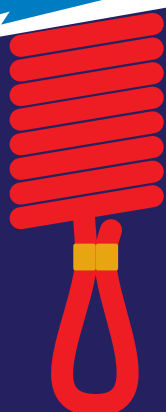


and *must*
have passed
the club's
steering
accreditation

p43 of the Code

KILL CORD

Never
detach this
LIFESAVER
while the
engine is
running



p23 of the Code

ID CODE

PLA000

Coaching
launches
must show
a clear
and valid
SIX FIGURE
Club ID code

p26 of the Code

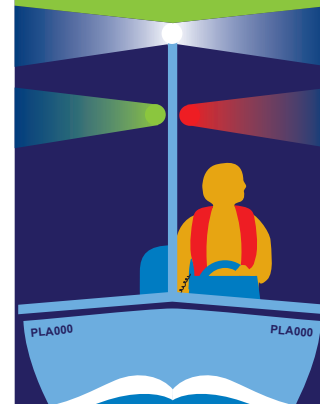
LIFE JACKET

This
LIFESAVER
must always
be worn
when afloat



p20 of the Code

LIGHTS



It's against
the law not
to show the
CORRECT
LIGHTS
in darkness or
poor visibility

p28 of the Code

SIZE

Both group
& wash size
should be
CONSIDERATE
towards other
river users



p35 of the Code

OTHER REMINDERS – p42 of the Code

Keep a good lookout at all times.

Position your launch appropriately according to the Code. Concentrating on your crew is never an excuse for poor navigation. Never attempt to steer a launch and video a crew at the same time.

Do not use a megaphone before 7am.

At all other times the volume should be at the minimum effective volume – not full blast!

EMERGENCIES – p35 of the Code

You should always carry a mobile phone (in a water-proof case) for emergency use.

For life-threatening emergencies immediately call **999** or **112** and ask for the Coastguard

INCIDENTS – p36 of the Code

For (non-emergency) incidents or to report a problem call **London VTS** on **020 8855 0315** or **VHF channel 14** or use the PLA App.